



Submission „Calmée Sphere“

Artists: Heiko Scholz, Florian Martens, Philip Martens, Isabella Balogh

Copyright Calmée Sphere and Logo: Heiko Scholz

Address: Heiko Scholz, Lange Str. 21 b, 81327 Tutzing, Germany

Phone: ++49-177-3432344

Email: info@road2sustainability.org

Video file available:

<https://youtu.be/MySoDztc8A>

Artists` Biosketches:

Isabella Balogh is a young Hungarian-German composer creating sound landscapes to foster positive states of mind and overcoming depression.

Florian Martens is a digital artists and sound designer, developing virtual audiovisual realities. His expertise is continually improving the sound matrix of Calmée.

Philip Martens is a painting artists and architecture student of Technical University Munich. His artwork inspired the Calmée Design (logo and sphere)

Heiko Scholz is a pioneer in sound design for holistic health, mindfulness and well-being and founder of Calmée. He is president of the entrepreneurial network Road2Sustainability that aims at creating a global entrepreneurial support matrix to actualize the UN SDG.

Submission Title:

„Calmée Sphere“

Summary Description:

„Audiovision to foster health“

Project Description:

The Calmée Sphere is a functional art object designed to create an audio-visual sphere to foster mental and physical health. It consists of

- A) a model of the moon (3 D printing),
 - B) an LED light program, adjustable to to users individual needs,
 - C) a sound device (bluetooth speaker) equipped with nature sounds and music that are enriched with the Calmée sound matrix (frequencies, impulses and musicalized relaxation affirmations) that create a state of mindfulness, psycho-physical relaxation, revitalization, immune boost.
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The combination of light and sound is widely spread as a therapeutic means to foster mental and physical well-being especially in traditional medicine. The Calmée Sphere combines the efficiency of modern light and sound technology with traditional musical therapy and meditation and relaxation.

The sound matrix was developed with Technical University Munich and evaluated in a three month research project with pain patients. The project was awarded with the Tesla Gold Medal for Innovation by the UN.

Our team's intension is to support the UN SDG in the areas of Health and Healthy Work Place by providing an easy and affordable tool to create mindfulness and relaxation and strengthening the immune system.

The Calmée Sphere can be loaded with Calmée sounds provided by musicians from around the world and traditional healing music and rhythms, which will be combined with the digital sound matrix (frequencies, impulses and musical affirmations) of Calmée.

The sphere displayed in the video is a prototype and requires funding for mass production. Our aim is to initiate public private partnerships for local distribution within the SDG framework. The turnover in the OECD countries will be used to fund distribution in developing countries to foster the spirit of development partnerships.

Free Calmée soundtracks can be downloaded from our website and played with the smartphone. During the Corona crisis Calmée has provided support to the millions to reduce stress symptoms during quarantine, home office and home schooling.

Our long-term goal is to transfer the co-operation with the SDG framework into a non-profit foundation.

ARTIST'S PERMISSION:

I declare herewith that I am the copyright owner of the material provided (Calmée Sphere) and that I grant the WHIS and WHO permission to publish our material for unrestricted use.

Heiko Scholz,

Tutzing, August 31, 2020
